

Get ready for some BasebALZ!

- **Every 4th Wednesday, 10-11:30 AM**
- **Hickman Field at 5300 Hickman Field Drive, San Diego, CA** (this is the field right behind the Alzheimer's San Diego office)



Join us for BasebALZ, a reminiscence therapy experience designed for people living with dementia and their care partners. We'll dive into a virtual field of dreams and share stories, play trivia games, and create friendships and connections. You are encouraged to wear a jersey or hat representing your favorite team, or have your favorite baseball souvenir handy. You do not have to be a baseball fan to enjoy this fun activity!

About the Presenter:

BasebALZ is presented by John Williams, who believes every day is a beautiful day for a ball game. John has explored 37 ballparks (and counting!) and truly loves sharing his knowledge on baseball's past, present, and future with others. BasebALZ will run in conjunction with baseball season, from April 28th to September 22nd. Let's play ball!

LEARN MORE & REGISTER:
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